

NEW CLASS SCHEDULE



Class Schedule Effective August 30, 2010

CLASSES	Monday Class A	Tuesday Class A	Wednesday Class B	Thursday Class B	Friday Class A/B	Saturday Class A/B
Panther (Ages 4-5) 30 min	4:00	6:00	4:00	6:00		9:00
White, Yellow, Orange, Purple (Ages 6-12) 45 min	4:30	6:30	4:30	6:30	4:30	9:30
Blue, Green, Brown, Red (Ages 6-12) 45 min	5:30 6:30	4:30	5:30	4:30	6:00	10:15
Jr Black 45 min	6:30	5:30	6:30	5:30	5:15	11:00
Teen (Ages 13-16) 60 min	7:30	7:30	7:30	7:30	5:15	11:00
Adult (Ages 17 & older) 60 min	7:30	11:30 7:30	7:30	11:30 7:30		11:45
Demo Team 45 min					6:45	
Leadership 45 min			6:30			
Sparring (Teen & Adult) 45 min			8:30			
Adult Brown and Black Belt 60 min	7:30					

Private classes are available by appointment. All Students must attend 24 classes each 3 month cycle to graduate. 24 classes = 2 each week. White through Jr Black Belt bring sparring gear and weapons to all B classes. Weapons class for Teens on Friday and Saturday. Elite Training meets Monday through Thursday for an additional 15 minutes following the regular class.